

Stephanie Seymour

“There Are Birds” **NEW ALBUM OUT NOW**

For more information, visit **ThereAreBirds.com**

1. Veery
2. Northern Mockingbird
3. Black-throated Blue Warbler
4. Northern Lapwing
5. Blue Jay
6. House Sparrow
7. Common Loon
8. Ruby-crowned Kinglet
9. Bald Eagle
10. Violet-crowned Hummingbird
11. Yellow-headed Blackbird
12. Migration Is Over



Stephanie Seymour's melodic, harmony-laden album “There Are Birds” answers the musical question, “What happens when you combine Aimee Mann, Chrissie Hynde, and Karen Carpenter, add a dash of Matthew Sweet, and mix thoroughly with bird-related tales and imagery?” It’s an album about birds, nature, the passage of time, and Stephanie’s relationship with these things and more. It’s her story told from a bird’s perspective and birds’ stories revealed through her worldview.

Stephanie began playing drums at age 15. At 23, she joined The Aquanettas, an all-female power pop/rock band based in New York City. Their debut album “Love With The Proper Stranger” was released on Nettwerk/IRS in 1990, followed by a two-month US tour. In 1991 and 1992, Major Label Records (US) and Plastic Records (UK) released some singles, “Whoa!” became NME’s “Song of the Week,” and two tours of the UK and the Shetland Islands ensued. The “Roadhaus” EP was released by Rockville in 1993, with songs featured in the movies “Amateur” and “Kissed.”

In 1995, Stephanie joined Psychic Penguin, further developing her vocal skills while playing percussion and occasionally the drums. She became lead singer and songwriter for her own band called Birdy in 1998. Birdy released two albums on the collective, cooperative label Cropduster Records in 1999 and 2002: “Supernominal Paraphernalia” and “Quarantine.” It was during this time that she met her husband, ex-Winter Hours guitar player Bob Perry, who produced “Quarantine,” as well as the new album “There Are Birds.”

Stephanie became an avid bird watcher when she and Bob married and moved from NYC to New Jersey. Birds became her passion, eclipsing but never erasing her desire to sing. When a musical lightning bolt struck in early 2018, she decided to combine her love of birds with her love of music, and “There Are Birds” was born. The songs were completed in a matter of months. It was as if they had to be written; they simply flowed out of her head onto paper. Stephanie’s love of birds and the natural world is what supports her through her most challenging times. Birding always restores peace and calm to her soul.



FEATURED SONGS

Upbeat with killer harmonies: “Veery” and “Northern Mockingbird”

Ballad ending in possible murder: “Common Loon”

Crunchy rocker: “Violet-crowned Hummingbird”

Pure pop: “Black-throated Blue Warbler,” “Blue Jay,” and “Ruby-crowned Kinglet”

Featured musicians: Bob Perry (Winter Hours), Charlie Giordano (E Street Band), Sim Cain (Rollins Band, David Poe, Marc Ribot, Billy Hector), James Mastro (Ian Hunter, The Bongos, Health and Happiness Show)

Cover art by Megan Massa